

# Immune Support Packets

*Comprehensive support for the immune system\**

Immune Support Packets offer five distinct immune system supporting formulations in one convenient packet. The combined ingredients in these products provide antioxidants, medicinal mushrooms, zinc, vitamin D, vitamin B6, and other vitamins, minerals and compounds to aid the body's natural immune defenses.\*

## Immune Support Packets include:

**Immunitone Plus™:** contains herbs, botanical extracts and other plant ingredients used historically to support the immune system, such as astragalus, echinacea, elderberry and andrographis. This product also provides an array of medicinal mushrooms to help the body's natural defense against pathogens, as well as lauric acid, a special type of fat that has these beneficial properties as well.\* Also included is green tea extract, a source of the powerful antioxidant EGCg.

**Vitamin D Complex:** In addition to its role in supporting bone health and proper calcium levels in the body, vitamin D is indispensable for a healthy immune system. Vitamin D Complex provides this crucial nutrient along with the other fat-soluble vitamins (A, E, and K) because their roles in physiology may be optimized when taken together, the way they often occur naturally in food.

**Stellar C™:** provides vitamin C as ascorbic acid and extract of acerola fruit, a naturally rich source of vitamin C. This product also includes rutin, quercetin, hesperidin and other bioflavonoids from citrus fruits, which may work in synergy with vitamin C for supporting a healthy immune system. Vitamin C is essential for the synthesis of collagen, which is the most abundant protein in the skin. The skin is the body's largest organ and the protective barrier it provides is one of the first lines of defense against unwanted pathogens.\*

**Zinc Supreme™:** provides zinc, riboflavin, vitamin B6 and other ingredients to support immune function. These compounds can be obtained from the diet but certain situations may warrant supplementation with levels above that which would typically be gotten from food alone.

**N-Acetyl-L-Cysteine (NAC):** provides a generous dose (900 mg) of NAC, an important amino acid precursor. NAC is a source of the amino acid cysteine, which is a building block of glutathione, the body's most powerful antioxidant.

**Recommended Use:** Take one packet per day, or as directed by your health care practitioner.

Consult your health care practitioner before using this product if you are taking Coumadin, warfarin, or other anticoagulant medications.

This product is not recommended for use by pregnant or lactating women.

## Benefits\*:

- Provides powerful antioxidants to support the immune system
- Supports synthesis of glutathione, the body's "master antioxidant"
- Provides elderberry, echinacea, and other natural botanical ingredients to bolster immune function



Consult with your healthcare practitioner about your specific circumstances and any questions you may have.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT [WWW.DESIGNSFORHEALTH.COM](http://WWW.DESIGNSFORHEALTH.COM).